

Delicious Probiotic Drinks 75 Recipes For Kombucha Kefir Ginger Beer And Other Naturally Fermented Drinks

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Probiotic Chocolate Bark with Coffee Kombucha This is quite simply the most delicious thing ever!! I think I invented it, and boy it's a really great invention! Melt 2 bars of dark chocolate (200g) with a tablespoon coconut oil Let it cool a bit, then add ¼ to ½ cup coconut kefir or 75 to 100mls

coffee kombucha Mix it well then pour onto

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